



# UNISEX ARM WARMERS



## Abbreviations Used

**CH:** chain  
**DC:** double crochet  
**SC:** single crochet  
**SL ST:** slip stitch  
**ST(S):** stitch(es)  
**YO:** yarn over

DESIGNED BY DEJA JOY

**Skill Level:** Easy

### Materials:

145 yards of Phydeaux Designs Carresse yarn in Stormy

- substitute with any worsted weight yarn
- yardage is for largest size, reduce yardage by 20 yards for each size.

**Crochet Hook:** 6mm [US-J]

**Gauge:** 2" = 7 STS and 3 rows

### Finished Measurements:

Small: 8" circumference (not stretched) x 10" length

Medium: 10" circumference (not stretched) x 10" length

Large: 12" circumference (not stretched) x 10" length



## Arm Warmer (make 2)

### Notes:

- Because of the ribbing stitch these arm warmers are reversible. You make two of the same.

- See video tutorial for an alternate method of beginning your rows that leave no turning CH gaps.
- CH 3 counts as a DC throughout.

All Sizes

CH 34

**Row 1:** Beginning in 4th CH from hook (3 skipped chains count as a DC), DC in each stitch across. 32 STS

**Row 2:** Turn, CH 3, DC in back loop only in each ST across. 32 STS

**Row 3-7:** Repeat Row 2. 32 STS

**Row 8:** Turn, CH 3, DC in next 5 stitches, CH 4, skip next 4 stitches, DC in next ST and rest of STS across. 32 STS

**Row 9-12:** Repeat Row 2. 32 STS

Small size only: do not fasten off, go to Joining instructions.

Other sizes continue on.

**Row 13-15:** Repeat Row 2. 32 STS

Medium size only: do not fasten off, go to Joining instructions.

Large size continue on.

**Row 16-18:** Repeat Row 2. 32 STS

Do not fasten off, go to Joining instructions.

### Joining (for all sizes)

Fold work in half lengthwise, SC join arm warmers together.

**SC Join:** Beginning in last stitch worked, insert hook through both sides of work, YO, pull through work, YO, pull through both loops on hook.

After last stitch, fasten off and weave in ends. Turn right side out.

